

## Plan to reach out to Mackay ladies who are feeling isolated



Andrea Davy | 15th Sep 2014 7:15 AM



Lorraine Horak (left) Amanda Grobbelaar, Chairmaine Swanepoel, Joan Estoria, Elize Deysel, Aletta Marshall and Pertrone Bartels are encouraging women to come along to an event to meet new people.

Lee Constable

MACKAY ladies, this one is for you.

A group of Mackay women has organised an event that will be just for the girls - Colour My World with Merise.

Organiser Petrone Bartels said the get-together had been created to reach out to all the "lovely ladies in Mackay who might be feeling isolated".

"Due to the fact that many husbands work away on the mines, a lot of families in our town face unique and challenging circumstances," Ms Bartels said.

"Women are primarily left to take care of children and the household, so we often neglect ourselves.

"We take care of everybody else and when it comes to getting spoilt too many mothers are last in the line.

"We can easily get stuck in a rut."

As well as doing girly stuff, keynote speakers were being brought to the event, Ms Bartels said.

"Amanda Grobbelaar is our inspirational speaker," she said.



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"You would have seen a lot of her lately as she is an outstanding inspiration to all women living positively with multiple sclerosis. She participated in the 21km Mackay Marina half-marathon and also in most of the charity fun runs in Mackay. She has encouraged so many of us over the last four years.

"Amanda will talk about the four seasons of life and how winter never lasts forever."

Colour My World will start at 10am, with homemade cupcakes, followed by a light finger-food lunch at noon. It's expected the event will wrap up by 2pm.

#### Coming up

- Colour My World with Merise will be held on September 27 at the New Life Church, 75 Evans Ave, Mackay
- Guests can arrive at 9.45am for a 10am start.
- The lady with the most creative hat will win a special prize
- It costs \$20 per person
- Email [marc-janinelowe1@bigpond.com](mailto:marc-janinelowe1@bigpond.com) for more information.

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